# KESTER GRANT COLLEGE NEWSLETTER



Issue 3 April 2002

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Students are encouraged to submit letters to our editors. The editors reserve the right to edit letters for publication. Any comments or ideas, please email to newsletter@kgc.bc.ca

## BCIT'S OPEN HOUSE



By Nicole

ost KGC students want to study at BCIT. However, we do not know a lot about BCIT because we have not had time to explore it yet. How big is BCIT? How many full time programs does BCIT offer to international students? We recently had a good chance to find out more about BCIT. On April 5, BCIT had their Open House, and all KGC students went to BCIT to get information.

One BCIT student----Georgio gave us a guided tour of BCIT. First, we went to the IBM building which is located at SE6. There is an office on the main floor, where we could check information on different programs. SE12 is the building where the computers programs are taught. Some KGC students who applied to computer programs may study there in the future.

SE14 is BCIT's library. The library was the place that we all liked the most because we could find information and will be able to do our homework there. This library is bigger than VCC's. I was very surprised to see that there were so many resources in the library, such as access to printers, scanners and the Internet, etc. Geogio took the time to show us how to use these resources.

We were so lucky because we could see several projects which the geography students had completed. One of the projects was focused on using a planetarium to observe the universe in order to see the earth and whether the universe changes or not. On that day, they did presentations for visitors each hour. We liked it very much although it was too short.

BCIT's Open House allowed us to learn a lot about BCIT's programs, and we all learned more about BCIT after attending the Open House. BCIT is bigger than what some of us expected. From my point of view, it offers a good environment for us to study. And we will feel more comfortable studying at BCIT in the future.



### **GREAT PARKS IN B.C.**

By Ava

C. has no shortage of green space especially parks. Some parks are known by everyone, some parks are hidden away. Let me introduce some parks to you. When you want to return to nature or just get in touch with nature, these are good choices.

#### **Reifel Island Bird Sanctuary:**

Reifel Island Bird Sanctuary is a bird lovers' paradise. Whether you're seeking to spot a rare species or just want to commune with nature, picturesque Reifel Island Bird Sanctuary is worth visiting. Pathways stretch for 7 kilometers through the park. This is a popular spot for photographers, so don't forget to bring a camera when you go to Reifel Island Bird Sanctuary. To get to it, follow Ladner Truck Road and watch for the sign pointing to Westham Island.

#### **Mundy Park:**

Mundy Park is one of the largest island tracts of urban park wildness in B.C. It includes two lakes and a forest of Douglas Firs whose average age is 105 years. The park is 1.8 square kilometers79% of which are forested. It contains a playground, a soccer field and a baseball diamond as well as towering trees.

http://www.greenclub.bc.ca

#### **Deas Island Regional Park:**

Deas Island Regional Park is located off River Road in Delta. There are plenty of sandy beaches for exploration and castle construction. If you like to go to the beach, it is your best choice.

Summer is coming, so don't miss this good

chance. When you have time, don't forget to go to a park to go for a walk or play on the sand beach. You will have a great time.



### Sophia Books

By Li

ave you been to any bookstores in Vancouver? Do you enjoy seeing new book releases lined up on shelves just for your selection? I believe most people who live in Vancouver are familiar with at least some bookstores, like Chapters, UBC bookstore and Map and books, to name a few, because these are the most popular bookstores in Vancouver and they provide many choices for customers. However, many people feel Chapters and the UBC bookstore are very expensive. Therefore, let me introduce a small and convenient bookstore to you. This bookstore is called "Sophia Books"

It is located at 492 West Hastings St. Vancouver. You can take bus Numbers 135, 136, 123 and 10 to get there. The store looks like a small bookstore, which would only have a limited selection. However, it is a multilingual media shop and you can find many books written in English, Chinese, Korean, Japanese, French, Spanish, and Italian, languages. Also they offer travel books, science books, dictionaries, cartoon books, magazines, movies and so on in various languages. If you are an international student who just arrived in Vancouver and you want to buy English study books, this store is an ideal bookstore because the stores offers easy English books for beginners. Also when you miss your own language and want to read in your own language, just come to the store and choose the types of books that you like to read. You will have a great time reading. Also, if you are a foreigner and you want to learn a language like Chinese, you will find many good language studies books in the store.

The special feature of this store is language books that have been imported from their original countries. You may not find these books in other bookstores. I really recommend going to "Sophia Books" and I hope you will enjoy looking over their great selection of books and study materials.



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# $x \neq x$ The World of Women $x \neq x$

o love beauty is a natural instinct for women. Every woman wants to be a shining star. Nowadays, there are more and more clothing designers who help people to reach their goals. Every year, there are many new styles of clothing, accessories and make up that present themselves to consumers. This spring's fashion styles have become a major platform. Industry professionals and designers from all over the world met in Hong Kong recently and exchanged their views on leading trends.

This spring's fashion styles have changed a lot from last spring. In order to coordinate with seasonal colors, bright colors have been chosen to be mainstream. For example, the most famous brands Zara, Banana, Bebe or Prada have introduced purple, white, sky blue, and green. However, there also have been some changes within the styles. The mainstream fashion styles of this spring have become simpler and fresher. Sometimes you can find other kinds of beauty within those simple styles. I believe that they will make this season even more colorful. If you think the styles are too simple for your taste, try wearing some accessories and make up that will make you look more extravagant.

Nowadays, people want to look beautiful without having to spend a lot of money. You can make some beauty products by yourself. Let me give you some tips on how to make your own beauty products.

#### **SKIN CLEANSER:**

( $\frac{1}{2}$  cup plain yogurt, 1 tablespoon sunflower oil,  $\frac{1}{2}$ teaspoons fresh lemon juice) It is great for all skin types. Mix all ingredients together and place in a sealed container. Store in the refrigerator. Use 1 teaspoon morning and night to cleanse face.

#### MILD FACE SCRUB:

(2 tablespoons oatmeal, 2

tablespoons cornmeal, 2 tablespoons wheat germ) it is perfect for exfoliating normal to sensitive skin. Mix all ingredients together and store in an airtight container. Make a paste by adding a splash of warm water to one tablespoon of the mixture. Use once or

#### twice a week. SERIOUS FACE SCREB:

(1 teaspoon sugar, Juice of ½ lemon) it is ideal for dry, flaky skin. While washing face with your regular soap, add the sugar and scrub gently. Splash face with the lemon juice and rinse with cool water. Do at least once a week.

(1 tablespoon whiskey, 1

whole egg,  $\frac{1}{4}$  cup nonfat dry

milk power, juice of 1

lemon) it combines all the

ingredients. Keep the

mixture in the refrigerator.

Spread the compound over

the entire face, avoiding eye

area. Allow drying. Remove

with a wet wash cloth. Use

once a week.

#### FACEMASK FOR NORMAL SKIN:

If you want to be a shining star, just follow these steps, which will help you to reach your goals!

By Stewart





### A Real Canadian Hero\_Terry Fox

ave you seen the Monument at the end of Robson Street in Vancouver? A man's picture was carved on the wall of the arched door. He is Terry Fox--a real Canadian hero.

He was born in Winnipeg in 1959, but he grew up in Vancouver. Terry was only 18 years old when he was diagnosed with bone cancer. He was forced to have his right leg cut off above the knee. He wanted to help find a cure for cancer, so when he realized that cancer research was severely underfunded in Canada, he decided to run across the country to raise money for cancer research. He called his journey the "Marathon of Hope". With a firm belief, Terry started his marathon on April 12, 1980 in Newfoundland. Although it was difficult to use his artificial leg in the beginning, he quickly became used to it. The money that was collected along his route began to increase quickly. Terry ran 43 kilometers every day. It was a journey that Canadians never forgot.

However, on September 1<sup>st</sup>, after running for 143 days and 5,373 kilometers. Terry was forced to stop running in Ontario because the cancer had reappeared in his lungs. Terry passed away on June 28, 1981 at age 22. The whole nation was saddened.

The heroic Canadian was gone, but his legacy was just beginning. Terry's original plan was to raise more than \$ 24 million for cancer research. To date, the run was raised more than \$ 200 million. Terry Fox is a symbol of the Canadian spirit and an example of the best qualities of a human beings. His dream was considered a dream as big as his country.

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### The "Good morning Sir" Guy

#### By Nicole & Li

nterview with Christiaan Bernard, Marketing Manager of Kester Grant College.

Q: Many people call you Christian. We know, this is not your real name. What is your name?

A: Ha-ha. My name is Christiaan, C-H-R-I-S-T-I-A-A-N, but people usually call me Christian.

Q: How long have you been working at KGC and what is your job here?

A: I have been working here since last October 15<sup>th</sup>. I am the marketing manager.

Q: What kind of work do you do in your job? "One part of my job is to find places A: where students can go on Friday afternoons for activities. Also I talk with people who are interested in studying here. In Vancouver, many companies send students to language schools, so I talk to them about KGC. I also make advertisements for Kester Grant College and do promotions to other countries. Often, I need to send letters or phone agencies to explain what our school is like. I put special Ads together. Then I get them proof read by Divna. After that, I must send them to BCIT, if BCIT says "No." I must change them. Now I am doing an advertisement for Mexico. It will be translated into Spanish, and go to ten thousand magazines for students and families. Our school's ads will go to 18 different areas, like: China, Korea, Vietnam, Brunei, Thailand and Australia, etc. Because many students are from China, I try to bring other countries' students to our school to study. There are two students who are coming from Persia and Switzerland who will study in our school."

Q: As we know, students like to call you "the Good Morning Sir" guy because you greet everyone who comes into the school every morning. Is that a part of your job? A: No, it isn't. I just try to give everyone a very good "good morning" to start their day. This is just my style; I also did it in my last job.

Q: You are usually still here after students leave. How long do you work each day? A: I usually arrive at school between 7:30am-8:00am and leave school between 4:30pm-6:00pm. I am trying to leave school before 4:30pm, but it is sometimes hard because of my busy work schedule.

Q: When you are not busy working, how do you spend your time?

A: I like to go cycling, hiking, camping, kayaking and rock climbing. Also, I like to walk around Chinatown because I live close to Chinatown. Sometimes I enjoy drinking *Micro Brewery* beer with friends.

Q: Are you from Vancouver and why did you decide to work at KGC?

A: No, I am not from Vancouver. When I was young, my mother was a nurse in the army. We had to move from place to place, so I lived everywhere except Québec. If you have any questions about traveling in Canada, just come to ask me. I used to work for a university students' service department, like Harb, but then I decided to get into marketing. So I came here.

Q: What would you like to be doing five years from now?

A: I want to retire and have fun. My plans are to do a part time job, which I really enjoy and spend a lot of time doing things I'm interested in. Actually, I will probably be working in international education or international marketing in 5 years. I most likely will get married and adopt a child from another country and give his/her a chance to come to Canada. Photo by Stanley

Mr. Christiaan Bernard Marketing Manager Kester Grant College

N&L: Thank you. We really enjoyed talking with you. Christiaan: My pleasure, I enjoyed answering your questions.

> Christiaan has recently decided to move on and pursue his goals. Everyone at KGC wishes him the best!



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## Interview with Liane L. Gebauer from CVI

A: when they begin their study program in other countries. However, Most students don't have enough information about homestays. Have you met the "homestay lady"? Her name is Liane L. Gebauer. She is the director of placement for CVI ( Canada Vancouver International Homestay ). She usually comes to KGC every Thursday to talk with students about their homestay situations. It's our pleasure to have had an opportunity to talk with Liane about students and their homestay families. Interview between Liane and EPP 6 students (

Interview between Liane and EPP 6 students (Ava and Fiona).

Q: CVI?

Could you tell us something about

A: CVI Homestay is an independent homestay service offered to schools in the lower mainland. Our focus is to provide a service to the schools by placing international students with homestay families.

Q: What are the advantages of living with homestay families ?

A: Some advantages are : improving your English, making new friends under a safe and secure environment, truly adapting to North American living and learning how to be " independent".

Q: If students don't like the food their homestay families provide, could they ask to have it changed?

A: Actually no. You came here to learn about Canadian culture. Canadian food is included in Canadian culture. You can't require your homestay parents to cook Chinese food for you, and most of them don't know how to cook Chinese food.





By Ava and Fiona

Q: If some students want to go back to China for their holidays, how much rent should they pay?

A: If the student takes a holiday, the host family's remuneration will be adjusted accordingly. There will be an adjustment to the monthly fee if the student spends more than 15 days away from the Homestay family. Adjustments will be deducted the month of the student's absence. The deduction will be calculated per day. While the student is away we realize that

their belongings need to be stored by the homestay family but there will be no supervision of the student required and no food consumption.

Q: Are the students free to have snacks when they want them?

A: Sure, they are. Snacks should be available when desired.

Q: What can students expect from their homestay parents?

A: Some examples are: only English will be spoken when the students are present, being included in families activities, help with adjusting to Canadian life, clear explanations about the house rules in the home, help with checklist, bus routes, library cards, Medicare, etc.

Q: What makes a homestay business successful?

A: A successful homestay business should understand students' behaviors, provide a

detailed orientation program for both parties. Most importantly, it requires the genuine dedication to help students to succeed in reaching their dreams.

Ava & Fiona: Thank you so m Liane L: My pleasure.	uch.	43	43	AL A	s
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By Nicole

English is a foreign language for international students. It is not easy to improve our pronunciation. How can we have fun while trying to practice? One way is to practice tongue twisters. Most tongue twisters are only one sentence, but the pronunciation of the words is quite similar. Tongue twisters can be very difficult to pronounce. If we want to speak them correctly and quickly, we need to practice a lot. Here are some tongue twisters, which you can try.

• I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish.

- Six sick hicks nick six slick bricks with picks and sticks.
- How many sheets could a sheet slitter slit if a sheet slitter could slit sheets?
- Can you can a can as a canner can can a can?
- A big black bug bit a big black dog on his big black nose!



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